

Text from the film's director

My relationship with theater is quite peculiar. I took my first lesson at age 6: it was a disaster. But for some reason I wanted to try again and I went back to a stage the last year of high school. It was an adrenaline rush that I couldn't stop: there was an inexplicable restlessness inside me about the need to do theater. So, after several years training, I arrived by chance at "El Duende", Agustin Alezzo's studio. In his classes, sporadically appeared the figure of that lady with whom he had studied: "La Crilla". Every bite about her amazed me, until I came to understand the importance that woman had had in his life, in his formation and in the one of so many others, not to say in that of all of us. I felt that she was the root and the trunk of a huge tree with thousands of branches. Her students gave students who gave students who gave students. And I immediately realized that in all those years I had never heard her name. It was imperative to bring her to light. I felt the need to make a documentary about this crucial character by tapping into those who knew her intimately. I found that not only her legacy was immense but also her own life story. And what better than a life of theater as an excuse to talk about the art of performing. Crilla led the way to what remains a mystery to me: how to make a scene come truly alive.

Hedy Crilla's story and task are as great as they are invisible. This film is not just a biopic: it is the rescue of a crucial woman who has remained anonymous. It is a homage to her and her disciples that have been the origin of our way of performing. It is a particular and at the same time universal story, where discipline, passion and love give shape to this film that is a must-see for the theatrical world and that will bring meaning to the general public, as it is the story of an emigran, resilient, lost woman.